

## ~ Meal Delivery Menu ~

Homemade meals made from scratch using fresh, quality ingredients. Available frozen or chilled. Delivered contact-free with contactless card payment.

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### new! **Spaghetti Carbonara** new!

Classic creamy carbonara with smoked pancetta, chestnut mushrooms, fresh parmesan and cracked black pepper.

### King Prawn Curry

'Medium kick' tomato-based curry with king prawns, onions, peppers and spinach. Finished with fresh coriander, lemon juice and accompanied by steamed basmati rice.

# **Beef Cottage Pie**

Minced beef with carrots and peas in slow-cooked gravy. Topped with creamy chive mash.

# Pork & Beef Lasagne

Pork or beef mince\*, bacon lardons\*, mushrooms and carrots in rich, red wine ragu with fresh herbs. Two layers of pasta, 'leeky' white sauce, mature cheddar.

\*Vegetable/Vegetarian version also available.

#### Fish Pie

Catch of the day from the fishmonger in a creamy sauce with leeks and peas.

Topped with cheesy mash and crunchy breadcrumbs.

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All £6.50 per (generous) portion, or four for £24. Free delivery on orders of £24 or more, covering most of South East Wales.

To order please send a **Facebook message**, or call/text **07860 649321**.